

Our New Trim Trail

All children are really enjoying the new trim trail this half term. It is building up both fine and gross motor skills for all children. Every break time a different class gets to go on the trim trail. The class that has lined up the best all week gets an extra turn on Fridays.



Nasal Flu Vaccination Date

Public Health England has informed us that the availability of the Nasal Flu vaccination has been delayed until the middle of October 2019. Due to this the NHS Immunisation Team has had to change their timetable of immunisation and they will now be in school on Tuesday 5 November 2019. Your consent forms have been returned and are securely stored by the Immunisation Team until the date of the session.

The Forest School Hedgehog

Cedar class had a very exciting time at forest school last week. 'We found a hedgehog!!' Izzy shouted. We made sure the hedgehog was safe and guided it into the wild side



Netball with Kate Thompson

Willow and Maple class have enjoyed learning new skills and playing netball with Kate Thompson this half term.



Assemblies

Fri 15 Nov at 3:00pm —Willow Yr3
 Fri 7 Feb at 3:00pm —Cedar Yr2
 Fri 27 March at 3:00pm —Maple Yr4
 Fri 15 May at 3:00pm —Cherry Yr1
 Mon 15 June at 9:30am, followed by Summer Stay & Play— Oak Reception

The Importance of Breakfast

It has come to our attention that there are many children coming to school in the morning without having had any breakfast at home. Consequently they are often hungry and distracted in the morning learning sessions.

The Academy of Nutrition and Dietetics says that children who eat a healthful, well-balanced breakfast are more likely to:

- Meet their daily nutrient requirements
- Concentrate better
- Have better problem-solving skills
- Have better hand-eye coordination
- Stay alert
- Be more creative
- Miss fewer days of school
- Be more physically active



Without breakfast, our bodies don't get the jump start they need to operate at their fullest potential throughout the day. Encourage young people to make breakfast a part of their regular household routines. By helping children learn important concepts about eating breakfast, it will lay a foundation of eating right for years to come.'

Making Breakfast Happen

We understand home life is often chaotic and it can be difficult to make a healthy breakfast happen when you're rushing to get yourself and the children ready in the morning.

So try these practical suggestions to ensure that, even in a rush, your children get a good breakfast before they leave for school:

- stock your kitchen with healthy breakfast options (fruit, yogurt, toast, cereal, milk)
- prepare as much as you can the night before (gets dishes and utensils ready, cut up fruit, etc.)
- get everyone up 10 minutes earlier
- let children help plan and prepare breakfast
- have grab-and-go alternatives (fresh fruit; individual boxes of whole-grain, low-sugar cereal; yogurt or smoothies) on days when there is little or no time to eat

At School

In Reception, Y1 and Y2 there is a fruit snack available in the morning, however this should be in addition to their breakfast.

In Y3 and Y4 fruit is not provided but the children can bring in fruit from home to eat during their morning break (bananas are a great source of energy and filling).

Teachers regularly talk to children about breakfast and if there are concerns that your child is particularly hungry or complaining about not having breakfast, their class teacher will be in touch to discuss this with you.

Potato Challenge

Each class planted 2 potatoes. They decided what to plant them in, where to put them once planted and how to look after them. Each class harvested their potatoes and brought them along to a special outdoor assembly to be weighed. The winning class this year was Cherry Class whose potatoes weighed in at 3kg. Well done.



Stone Age Day

Willow and Maple Class had a great time in the forest for our Stone Age Day. We built Stone Age houses and made chicken soup and apple crumble on the fire. We did some cave paintings and painted some stones.



Discovery Film Festival

Willow class went to the Maltings in Berwick to watch some short animations from the Discovery Film Festival. *"We had great fun. Some of the films made us laugh and some made us really think about things. My favourite film was called Catastrophe. It was about a cat called Rodney"* by Hannah B.



Multi-Skills at Berwick Swan Centre

Some of Maple Class took part in a multi-skills event at Berwick Swan Centre recently to improve on their PE skills, including strength, agility and balance. The children were hardworking through the whole event and were very impressive at their throwing skills when it came to the javelin activity. Overall, they were very encouraging of each other and persevered when things were challenging.



Active Maths and English

Cherry and Cedar classes have been taking part in Active maths and English this half term.



Archaeology

Hannah B's Grandma came in to talk to Willow Class about archaeology. She is an archaeologist and told us all about what she has found. She brought in some flint and an axe head to show us.



Forest Classroom

Our Forest School is nearly finished. Huge thanks to the fantastic support of our PTA and school community.



Appointments with teachers

Please can we remind all parents that should you wish to see a teacher or Mr Deane-Hall, a prior appointment must be made with the school office. Your first point of contact should also always be the class teacher of your child. Many thanks

Sickness

Please remember to ring the school office every day that your child is off school due to sickness. Thank you

Important Dates for your Diary

Harvest Festival	Tuesday 22 October	2:00pm
Halloween Disco	Thursday 24 October	5:00pm to 6:00pm
Half-term Holiday	Friday 25 October	Starts at 3:30pm
Teacher Training Day	Monday 4 November	All day
Back to School	Tuesday 5 November	8:55am
Nasal Flu Jabs – R to Yr4	Tuesday 5 November	Start at 10:00am
PTA AGM	Wednesday 6 November	6:00pm, all welcome
Anti Bullying Week	w/c 11 November	All week
Year 4 Live Tales	Thursday 14 November	10:00-12:00pm
Year 2 Hirsle Trip	Thursday 14 November	TBA
Children in Need	Friday 15 November	Non-uniform day
Operation Encompass Yr4 & Yr6	Monday 18 November	AM
Nativity Dress Rehearsal	Tuesday 26 November	TBA – Pupils only
Tree Decorating and Carols – WFS and Yr8	Friday 29 November	9:00am- Pupils only
Christmas Fair	Friday 29 November	5:30-07:00pm
Nativity Play	Tuesday 3 December	2:00pm
Nativity Play	Tuesday 3 December	6:00pm
Yr4 Skipping	Friday 6 December	Berwick Swan Centre
Christmas Jumper Day	Friday 13 December	All day
Christmas Class Parties	Monday 16 December	From 1:45pm
Carol Singing at the Old Vicarage	Tuesday 17 December	1:30pm
Carol Singing in Church	Thursday 19 December	1:30 for 2:00pm
End of Term Assembly	Friday 20 December	AM
Christmas Holiday	Friday 20 December	Starts at 3:30pm
Teacher Training Day	Monday 6 January	All day
Back to School	Tuesday 7 January	8:55am

Harvest Festival

We enjoyed a lovely harvest celebration of song, music and readings from the children on Tuesday this week. Thank you to everyone who donated harvest gifts this year. We were able to make 19 food parcel donations to people in our local community.



Pumpkins Competition

The Arts Council had a very 'tricky' job choosing the winners of this year's Halloween Pumpkin Carving Contest! The pumpkins were wonderful and so creative- thank you to everyone for taking part and for making such an incredible effort once again. All the funds generated through the competition will be put into art activities this year.

The winners:

Nursery
1st- Alex Mc
2nd- Aiden

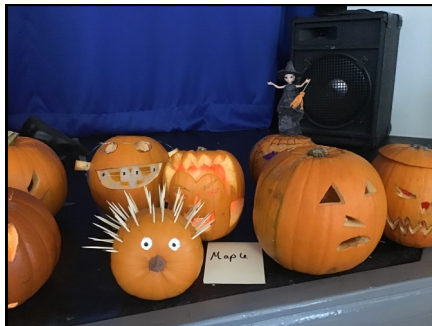
Oak
1st- Mia R
2nd- Scarlet

Cherry
1st- Amelia
2nd- Madeleine

Cedar
1st- Louis
2nd- Madelyn

Willow
1st- Euan R
2nd- Liam C

Maple
1st- Tommy M
2nd- Aidan G



Field to Fork

Oak and Cherry classes spent a lovely day at the Hirsell learning about food.





Academic Calendar 2019 - 2020



School Holiday
 Bank Holiday
 Pupil Day
 Training Day

September 2019							October 2019							November 2019							December 2019						
Mon		2	9	16	23	30	Mon		7	14	21	28		Mon		4	11	18	25		Mon		2	9	16	23	30
Tue		3	10	17	24		Tue	1	8	15	22	29		Tue		5	12	19	26		Tue		3	10	17	24	31
Wed		4	11	18	25		Wed	2	9	16	23	30		Wed		6	13	20	27		Wed		4	11	18	25	
Thu		5	12	19	26		Thu	3	10	17	24	31		Thu		7	14	21	28		Thu		5	12	19	26	
Fri		6	13	20	27		Fri	4	11	18	25		Fri	1	8	15	22	29		Fri		6	13	20	27		
Sat		7	14	21	28		Sat	5	12	19	26		Sat	2	9	16	23	30		Sat		7	14	21	28		
Sun	1	8	15	22	29		Sun	6	13	20	27		Sun	3	10	17	24			Sun	1	8	15	22	29		

January 2020							February 2020							March 2020							April 2020						
Mon		6	13	20	27		Mon		3	10	17	24		Mon		2	9	16	23	30	Mon		6	13	20	27	
Tue		7	14	21	28		Tue		4	11	18	25		Tue		3	10	17	24	31	Tue		7	14	21	28	
Wed	1	8	15	22	29		Wed		5	12	19	26		Wed		4	11	18	25		Wed	1	8	15	22	29	
Thu	2	9	16	23	30		Thu		6	13	20	27		Thu		5	12	19	26		Thu	2	9	16	23	30	
Fri	3	10	17	24	31		Fri		7	14	21	28		Fri		6	13	20	27		Fri	3	10	17	24		
Sat	4	11	18	25			Sat	1	8	15	22	29		Sat		7	14	21	28		Sat	4	11	18	25		
Sun	5	12	19	26			Sun	2	9	16	23			Sun	1	8	15	22	29		Sun	5	12	19	26		

May 2020							June 2020							July 2020							August 2020						
Mon		4	11	18	25		Mon	1	8	15	22	29		Mon		6	13	20	27		Mon		3	10	17	24	31
Tue		5	12	19	26		Tue	2	9	16	23	30		Tue		7	14	21	28		Tue		4	11	18	25	
Wed		6	13	20	27		Wed	3	10	17	24		Wed	1	8	15	22	29		Wed		5	12	19	26		
Thu		7	14	21	28		Thu	4	11	18	25		Thu	2	9	16	23	30		Thu		6	13	20	27		
Fri		1	8	15	22	29	Fri	5	12	19	26		Fri	3	10	17	24	31		Fri		7	14	21	28		
Sat	2	9	16	23	30		Sat	6	13	20	27		Sat	4	11	18	25		Sat		1	8	15	22	29		
Sun	3	10	17	24	31		Sun	7	14	21	28		Sun	5	12	19	26		Sun		2	9	16	23	30		

School will re-open on Tuesday 5 November



Communications Plea

The office is still being contacted in ever increasing numbers by parents/carers requesting information which has already been provided to you. Singularly, they may only take a few minutes, but collectively they waste a huge amount of staff time which should be used more effectively in dealing with other school business.

In these times of ever increasing demands and tighter budgets, we do not have the time or capacity to deal with these numerous requests. All such requests have a cost in time or money.

Please, please, when you receive communication from us about things that are happening in school, **put them in a safe place where you will be able to find them to refer to them** so there will be no need to contact school unnecessarily.

Thank you in advance for your co-operation.


Forestry Commission

Join us to celebrate

100 years of forestry

Tree Planting event at Wooler Common Picnic Site to celebrate 1919 - 2019. Come along and meet Friends of Wooler Common and Forestry England Foresters.

Friday 8th November 12pm (midday)

forestryengland.uk/100
#forests100